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## UP & COMING AT UAWB

Keeping you in the loop



Hi <<First Name>>.

Welcome back to semester 2!

We hope you enjoyed your break, caught up with your friends, family (and lectures) and feel recharged and ready to tackle the rest of the semester!

Despite the recent changes with online learning and lockdown restrictions, at UAWB we

☆ We're going virtual with our interactive **Masterclass series (Part 2): Let's Talk Diversity** (via Zoom) on Thursday, 1st October, 4.30pm-6pm!

☆ In recognition of Mental Health Awareness Week we will be hosting a 5 Days of **Giveaways** in collaboration with local businesses!

☆ We are currently accepting applications for our **2021 Executive Team** (more details on our [Application Guide](#))

☆ Our **AGM** will take place on Monday, 12th October, 5pm. Join us as we celebrate a successful semester and hand over to our 2021 team!

## UPCOMING EVENTS



### UAWB Masterclass (Part 2) - Let's Talk Diversity

**UAWB is excited to bring to you our final Masterclass!**

Why is diversity among women in business important? 🤔

There is no one size fits all. Women face unique biases and obstacles as we pursue our careers in the business field. In this Masterclass, we aim to explore these challenges and the benefits that diversity can bring to a workforce. We'll be bringing you a high-powered panel of some of New Zealand's most influential business leaders:

✦ **Mai Chen**, Managing Partner of Chen Palmer New Zealand Public and Employment Law Specialists

✦ **Russell Windsor**, Partner, PwC New Zealand

✦ **Ranjna Patel ONZM, QSM**, Co-Founder of Tamaki Health

✦ **Carolyn Luey**, Consumer Director, Vodafone NZ

Our panel will share their remarkable stories, highlighting the many ways in which women have navigated upwards through their chosen fields and what different industries are currently doing in response to relevant issues. Attendees will get the opportunity to engage in a two-way dialogue -

Thursday 1st October

4:30pm - 6:00pm

Register



Join our 2021 Executive Committee!

Applications for our 2021 Exec team are OPEN. ✨

UAWB values having a range of perspectives - you don't need to be studying a commerce degree or identify as female to apply! We welcome anyone who has a desire to empower women in the business field so that we build a dynamic, diverse and driven team! ✨👉

Think you could make a fantastic team member? We'd love to hear from you! Have a read of our application guide below for more info and how to apply.

\*\*\*Applications close 5pm, 27th of September\*\*\*

Application Guide

PwC Sponsorship



# pwc

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**UAWB is very excited to welcome PwC New Zealand as a sponsor!** 

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In NZ, PwC employs over 1,600 people and has offices in the Auckland, Waikato, Hawkes Bay, Wellington, Canterbury and Otago regions. Like UAWB, PwC NZ strives to enhance diversity in the workplace by partnering with local and national organisations, including Global Women and He for She.

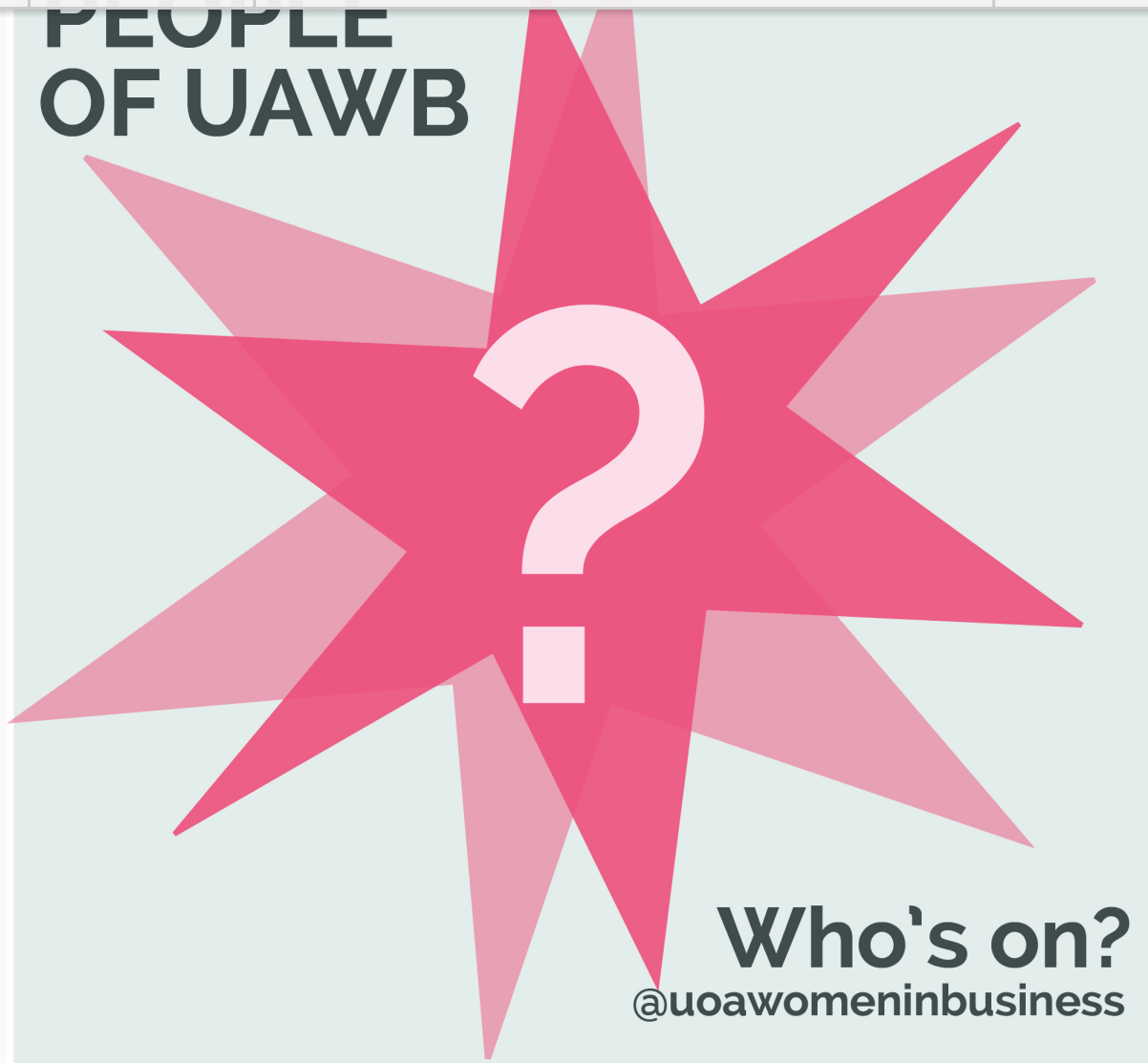
We are extremely grateful for PwC NZ's generous sponsorship to help UAWB promote female empowerment in the business field. With continuing support from our sponsors, PwC NZ and Sarin Investments, we hope to further the value we provide to our growing UAWB community and our members!

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[PwC New Zealand](#)

**People of UAWB**

# PEOPLE OF UAWB



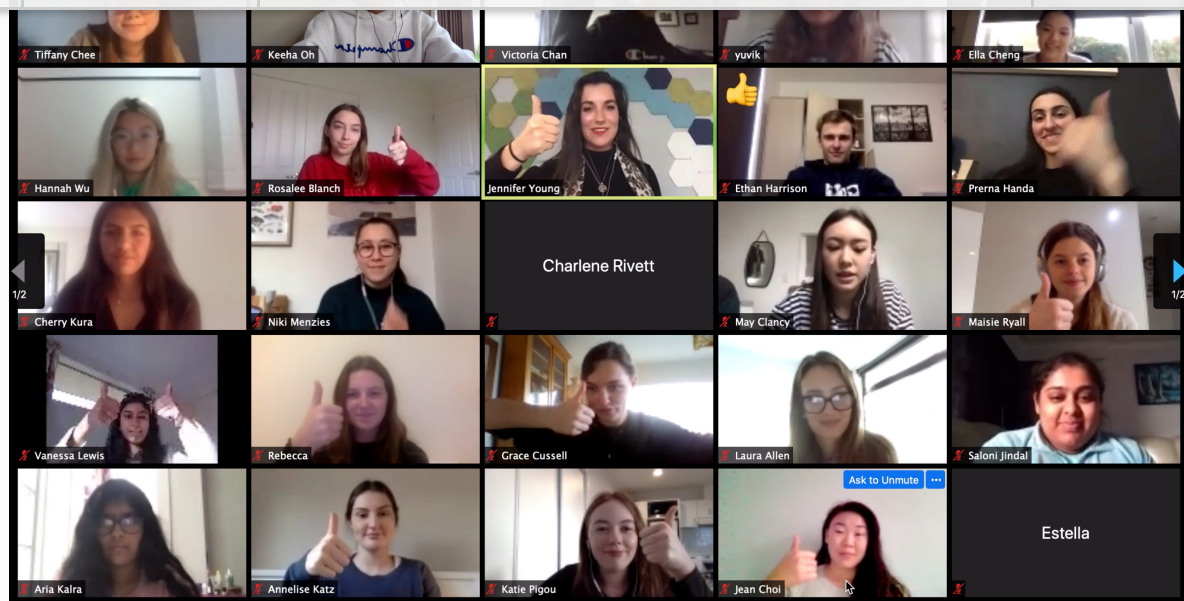
## Feature on our Instagram!

What have other UAWB members have been up to during this offline learning period? Check out some of the fantastic members we've covered so far, Anna, Jack and Rebecca on our Instagram 📸 [@uoawomeninbusiness!](#)

Got an interesting story to share or know someone that does, or just want to say hi to our community? Fill out the form below!

[Form](#)

[UAWB Masterclass Part 1 Recap](#)



## Inner critics, Imposter Syndrome, and Well Being 🗨️😊

Thank you to everyone who joined us for our first Masterclass session, and a huge thank you to Jennifer Young from [Jen Y Insights](#), [Intentional Generations](#) for leading the class.

Jen facilitated intriguing and meaningful introspection, delving deeper on our inner critics, imposter syndrome and how these attribute to our overall well-being.

Jen equipped us with the tools and insight on how to "befriend" our inner critic, which will definitely help us work towards our daily and long term goals! 🙌

*"I'm so glad I signed up to the UAWB masterclass. By considering when, where and how my inner critic shows up, I was able to understand more about myself and my comfort zone. Jennifer also talked about finding motivation during times of uncertainty. During lockdown vol. 2 I've been struggling with finding motivation, but Jennifer reminded us that motivation can be easily created and sustained through action..." [Read more](#)*

- Niki Menzies

## 5 Days of Giveaways!



# GIVEAWAY 1

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## Mental Health Awareness Week

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UAWB is providing 5 Days of Giveaways in recognition of Mental Health Awareness Week, with the aim of encouraging our members to take time out and be kind to themselves.

Check out our [Instagram](#) to see our daily giveaways!

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### How to Enter:

- 👉 Go to our Instagram page!
  - 👉 Simply comment + tag a friend in our Instagram post - each tag will give you one entry!
  - 👉 Sharing this post on Instagram will give you an additional entry!
  - 👉 All entries close at midnight each day!
  - 🌟 You must be following our Instagram account and be a UAWB member to win
  - 👉 Winners will be chosen at 9am the next morning via a random generator.
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At UAWB, we want to build an inclusive, safe community where our members feel supported and comfortable to reach out if they are struggling. Mental health affects everyone in some way, shape or form. Please DM us if you would like us to point you in the right direction to seek support ❤️

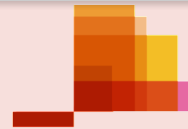
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**Thank you to our sponsors**

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SARIN  
INVESTMENTS



pwc

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